

SPORTING INFLUENCE

Improving Social Skills Through Sport

PE @ Grewelthorpe C of E Primary School

PE With Mr Whitford

This term Mr Whitford has been delivering a variety of sports and activities across the whole school.

Nursery and Reception have been on a series of adventures developing fundamental skills, such as different ways of moving, throwing and catching and spatial awareness. They have searched the Seven Seas for treasure, explored Space and even had a birthday party. A really great start to their school year!

Year 1&2 children also focused on themed lessons in the first half term, where they developed their control and coordination when using different equipment. This half term they have been exploring Invasion Games where they have evaded opponents and performed skills, such as throwing and catching, under pressure.

Year 3&4 children started off the year with Multi-Skills. They developed their throwing, catching, jumping and movement, learning how they can use these skills in different types of games. This half term they have shown great teamwork during Football. The children particularly enjoyed working on their shooting and applying this in games.

Year 5&6 children have focused on Football and Netball. As the two sports are Invasion Games they have been able to work on lots of transferrable skills required when working in teams. The children have worked on creating space in order to outwit opponents. In Netball they have enjoyed developing their accuracy when shooting. Children have worked really hard to apply their skills to small-sided games.

All Y1-6 children have also taken part in the Harrogate School Sports Partnership's Virtual Cross-Country Competition where they ran between 600m and 1600m. We are looking forwards to find out how they did against the other schools. Well done to everyone who took part!



Y5&6 Netball shooting



Y5&6 and Y3&4 have worked on Football this year

For more information about Sporting Influence and what we do visit:

www.sportinginfluence.com